

## An Introduction To Psychodynamic Counselling Basic Texts In Counselling And Psychotherapy

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Cert HE Psychodynamic Counselling and Skills in a Psychosocial Framework; Profile Academic background. Laurence Spurling joined Birkbeck in 1986 as a tutor on what was then the Department of Extra-Mural Studies, teaching on the Diploma in Adult Counselling. In 1994 he became a Lecturer in Counselling in the School of Psychology.

**Dr Laurence Spurling — Department of Psychosocial Studies ...**

For the moment Hannah has raised an issue that provides a useful introduction to psychodynamic counselling and therapy in action. Hannah's concern is one that is shared by a number of people, including some counsellors from other modalities, who are suspicious of anything that smacks of Freud.

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